



**Bible Point:** Jesus' power lets us live forever.

**Bible Verse:** "The Spirit of God, who raised Jesus from the dead, lives in you."  
Romans 8:11

**Bible Story:** Jesus' death and resurrection. (Matthew 26:17-28:10)

Supplies: Train pictures with buffer stop, 'X' page & cross page (printed) for each child

**"Today we learned that Jesus' power lets us live forever.**

**All train journeys have a beginning and an end.**

**Has anyone been on a train or a subway train and made it to the end of the track?**

**Passengers get on the train and the conductor shouts "All aboard!" and their journey begins. Trains make stops along the way so passengers can go sightseeing and do fun things. Eventually the train reaches the end of the journey."**

(Show train pictures with a buffer stop while you talk about this part)

**"A buffer stop, kind of like this big X, is placed at the end of the track to indicate the end of the line. This means the train journey has to end. With no more tracks, there is no way for the train to continue.**

**Our life journey is a lot like a train journey.**

**Every life has a beginning like the beginning of a train journey and an end like this buffer stop.**

**At the beginning of our journey, we're born.**

**What are some things you've done since your life began? Have you traveled anywhere special? Have you done anything special?**

**We grow up go to high school maybe college. We get jobs. We might have kids of our own and then raise them. Then we get older and have grand-kids. Maybe we stop working every day. We may go on trips and take our grandkids to VBS.**

**Eventually we slow down a bit, And after all those wonderful moments, our lives end. Every life journey ends.**

**It can't continue. It can't move forward. A train without a track can't move forward. It would crash or derail. Our lives can't go on forever without Jesus. We're at the end of the line"**

(Show picture of the buffer stop again).

**"Only Jesus could remove this barrier."**

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(Pass out the 'X' paper)

**"On the X paper write down things in this life that make you sad."**

Examples: friends moving away, a family member getting sick, a pet dying.

**"Instead of death being a buffer stop, Jesus faced death and defeated it. Jesus hung on across and died. After Jesus died, His friends took His body and placed it in a dark tomb. The Light was gone. Jesus was dead. There was no hope.**

**Three days later, Jesus rose from the dead. Jesus' power over death lets us live forever with him. The Bible says "The Spirit of God, who raised Jesus from the dead, lives in you."**

**There is also a great statement that says "Jesus will make all sad things come untrue."**

**Take the x paper and rip it up or crumble it into a ball."**

**"The Bible says in Revelation 21:4 "He will wipe away every tear from their eyes, and death shall be no more, neither shall there be mourning, nor crying, nor pain anymore, for the former things have passed away."**

(pass out the cross paper)

**"Jesus loves you so much that he died on a cross. But He did it because He loves you so much!**

**Write your name on the cross. All around the cross write down all the good things you love in life." (birthday parties, vacations with family, lots of laughter.)**

**"When we live with Jesus forever, he makes all things new. So all the good things we love in life are glimpses of how amazing eternity will be."**

**Prayer: "God, we thank you for Jesus and for the power of the cross. Thank you for loving us enough to make a home in heaven for your friends. We love you. In Jesus' powerful name, amen."**