

# Lesson Two: Springs of Living Water

---

Unlock with Questions:

1. How do you avoid confrontation with others or with God?
2. In what ways do we, as women, compare ourselves to others?
3. What personality traits or characteristics do we value most in our friends, family members, coworkers, or neighbors? What types of people are you most attracted to?
4. How would you define the word condemnation?
5. Think about the last year of your life. Have you felt condemnation? When?

---

Unlock New Thoughts: John 4:3–30; 39–42

Samaria

The Samaritan woman vs. the Jews

---

Unlock the Scriptures:

Jesus offers us springs of living water, everything we need to live holy lives. Search the Scriptures to find his gifts to us, record them beside each passage, and discuss why they are so important to believers.

Romans 8:1

John 6:32–33

John 6:63: Romans 8:26

Philippians 1:3–6

2 Timothy 3:16–17

James 5:16

1 Thessalonians 5:9–11; 1 Corinthians 12:12–14

---

Lock It In: Romans 8:1

Condemnation vs. Justification

---

Lock It Down:

Take two minutes for journaling, wondering, writing a lesson, or answering a question. Is there anything you want to know more about, or is there a new thought today that has surprised you? How has Jesus challenged you by his interaction with the Samaritan woman?

---

Bonus Features: More Resources; Conversation Starters at the Table or in the Car

<http://www.thegospelcoalition.org/article/dont-drink-the-dirty-water>

Have a discussion with your spouse or your closest friends on how you can spur one another on toward love and good deeds.

**To small children**, ask about their favorite ways to play in the water. Take time to play in the water with them and mention Jesus as a different kind of water. **For older children**, consider chatting about how they are gifted and how they can use those gifts to serve the church body.