

# SEPTEMBER 2019

Hawaii Kai Church Early Learning Center is an equal opportunity provider.

Menu is subject to change based on availability. Skim milk is served with lunch each day. Bold signifies made with whole grain.

## Snack and Lunch Menu

## Hawaii Kai Church Early Learning Center

Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b>  <b>LABOR DAY</b>  <b>ELC CLOSED</b>	<b>3</b> <b>AM:</b> Royal Creem Cracker, Milk <b>L: Teriyaki Catfish</b> <b>Hapa Rice</b> Corn Strawberries Milk <b>PM:</b> Club Cracker, Milk	<b>4</b> <b>AM:</b> Waffle, Milk <b>L:</b> Chicken Stew <b>Hapa Rice</b> Peach Slices Milk <b>PM:</b> Graham Cracker, Apple Juice	<b>5</b> <b>AM:</b> Everything Bagel, Milk <b>L:</b> Baked Ham <b>Hapa Rice</b> Green Beans Mango Milk <b>PM:</b> Ritz Cracker, Milk	<b>6</b> <b>AM: Multi Grain Cracker, Milk</b> <b>L:</b> Meatloaf Dinner Roll Mashed Potato Pineapple Milk <b>PM:</b> Wheat Thin Cracker, Milk
<b>9</b> <b>AM: Honey Bunches of Oats</b> Milk <b>L:</b> Ham & Cheese <b>Sandwich</b> Cucumber Spears Clementine Milk <b>PM:</b> Goldfish, Milk	<b>10</b> <b>AM:</b> Graham Cracker, Milk <b>L: Chicken Enchilada</b> Pinto Beans Blueberries Milk <b>PM:</b> Multi Grain Cracker, Milk	<b>11</b> <b>AM:</b> French Toast Sticks, Milk <b>L:</b> Roast Pork <b>Hapa Rice</b> Broccoli Mixed Fruit Milk <b>PM:</b> Royal Creem Cracker Apple Juice	<b>12</b> <b>AM: Triscuit Cracker, Milk</b> <b>L:</b> Chef Salad Hawaiian Sweet Roll Strawberries Milk <b>PM:</b> Animal Cracker, Milk	<b>13</b> <b>AM: Cinnamon Toast, Milk</b> <b>L: Beef Vegetable Soup</b> <b>Hapa Rice</b> Peach Slices Milk <b>PM:</b> Cheez-its, Milk
<b>16</b> <b>AM: Frosted Mini Wheat, Milk</b> <b>L: Turkey Burger</b> Baby Carrots Banana Milk <b>PM:</b> Club Cracker, Milk	<b>17</b> <b>AM:</b> Animal Cracker, Milk <b>L: Chicken Curry</b> <b>Hapa Rice</b> Mango Milk <b>PM:</b> Graham Cracker, Milk	<b>18</b> <b>AM:</b> Pancake, Milk <b>L: BBQ Country Ribs, Milk</b> <b>Hapa Rice</b> Peas & Carrots Pineapple Milk <b>PM:</b> Ritz Cracker, Apple Juice	<b>19</b> <b>AM: Wheat Thins, Milk</b> <b>L: Shepherds Pie</b> Hawaiian Sweet Roll Blueberries Milk <b>PM:</b> Goldfish, Milk	<b>20</b> <b>AM: Cinnamon Raisin Bagel, Milk</b> <b>L: Grilled Chicken</b> <b>Hapa Rice</b> Corn Mixed Fruit Milk <b>PM:</b> Wheat Thins
<b>23</b> <b>AM: Honey Bunches of Oats, Milk</b> <b>L: Ham &amp; Cheese Wrap</b> Celery Stick Orange Slices Milk <b>PM:</b> Multi Grain Cracker, Milk	<b>24</b> <b>AM: Multi Grain Cracker, Milk</b> <b>L: Taco Salad</b> Dinner Roll Strawberries Milk <b>PM:</b> Royal Creem, Milk	<b>25</b> <b>AM:</b> Buttermilk Biscuits, Milk <b>L: Shoyu Pork &amp; Tofu</b> <b>Hapa Rice</b> Green Beans Peach Slices Milk <b>PM:</b> Animal Cracker, Apple Juice	<b>26</b> <b>AM: Triscuit Crackers, Milk</b> <b>L: Aussie Pie</b> Baby Carrots Mango Milk <b>PM:</b> Club Cracker, Milk	<b>27</b> <b>AM: Toast &amp; Jelly, Milk</b> <b>L: Chicken Vegetable Soup</b> <b>Hapa Rice</b> Pineapple Milk <b>PM:</b> Club Cracker, Milk
<b>30</b> <b>AM: Frosted Mini Wheat, Milk</b> <b>L: Turkey &amp; Cheese Sandwich</b> Cucumber Spears Apple Slices Milk <b>PM:</b> Graham Cracker, Milk				